

## Women's Staged Day Treatment Program

### Introductory Treatment

Thursdays (ongoing)

Virtual Program

3:30pm—4:30pm

### Intensive Treatment

January 17—28, 2022

Virtual Program

Mon, Wed, Fri 9:30-12:30

Tues, Thurs 9:30-2:00

### Intensive Treatment

Feb. 22—March 4, 2022

**9 day program\***

Virtual Program

Mon, Wed, Fri 9:30-12:30

Tues, Thurs 9:30-2:00

The Women's Staged Day Treatment Program involves Introductory Treatment (Stage 1) and Intensive Treatment (Stage 2) for women who are concerned with their substance use.

Introductory Treatment is a weekly supportive and skill building group designed to prepare you for participation in the Intensive Program.

Intensive Treatment is a 2-week group intended for individuals who believe they can benefit from participating in a virtual or in-person group counselling program and are committed to a lifestyle that supports their individual substance use goals.

**The Introductory and Intensive groups will be taking place virtually through Zoom; access to an email address, internet connection, and a device with a microphone and camera is required to participate. If you would like to participate in a virtual program but do not have access to each of these requirements, please speak to a Day Treatment staff to discuss how we may be able to assist you.**

**Please note, in-person services may be available. Priority access will be given to individuals with limited or no access to virtual service requirements or with other special considerations who would benefit from an in-person, on-site program. Additional screening and safety measures will be followed to ensure participant and staff safety. Please inquire at contact below for more information.**

To begin the application process to the Staged Day Treatment program one must have their assessment completed and sent to Day Treatment. Day Treatment staff will follow up shortly after the assessment is received.

Please note that space in all programs is limited; please apply early.

For more information about the Staged Day Treatment program or other services offered by Day Treatment, please call 519-742-8327 x 276 (Lana) or [daytreatment@houseoffriendship.org](mailto:daytreatment@houseoffriendship.org)

Please contact Here 24/7 to have your assessment completed.



**1 844 437 3247**  
(HERE247)

Call anytime to access  
Addictions, Mental Health  
& Crisis Services  
Waterloo-Wellington-Dufferin

If your assessment has already been completed, please have it faxed to (519)745-3957, attention: Day Treatment.

There is no cost to participate in House of Friendship, Addiction Treatment services.