

ADDICTION TREATMENT



COUNSELLING SERVICES

Family, individual and group counselling services for substance use, problem gambling, gaming and internet use.



www.houseoffriendship.org

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“I was ‘lost’ and didn’t know where to start. The program provided a set of realistic tools that can be used to ‘find myself.’ Thanks!”

- COUNSELLING PROGRAM PARTICIPANT

YOU DON'T HAVE TO FACE IT ALONE.

Are you concerned about your substance use or is someone else? Are you worried about someone important in your life who uses substances or gambles? Is gambling, internet use or gaming a problem area for you?

Help is available in a number of locations throughout Waterloo Region. Counselling services include effective group and individual therapy sessions for men and women from trained professionals, designed to meet your personal needs and help you reach your goals. There is no cost to participate.

TO ACCESS SERVICES:

Call 1-844-437-3247 (HERE247) for assessment and screening.

WE'RE HERE TO HELP!

519.742.8327 x 216

counselling@houseoffriendship.org

71 Ann Street, Kitchener, ON N2B 3T3

All inquiries are welcome and confidential.

Funding provided by:



www.houseoffriendship.org

