



## Coming Events

### Volunteer Appreciation Week

April 10-16, 2011

### Trek 4 Kids 2011

Sunday May 15, 2011  
2:30 p.m. (Bicycle tune ups and registration start at 12:30 p.m.)

### 72nd Annual General Meeting & Strawberry Social

Monday June 20, 2011

### Friendship Golf Tournament

Wednesday July 13, 2011

## Charles Village Tenants Paint A Picture Of Community

At its recent 6th anniversary celebration, Charles Village honoured the contributions of the twenty or more people who call it home. Each tenant, in their own way is a valued part of the community.

One tenant, an artist, helped with a special painting (seen right) that had tenants trace and paint their hands to form a collective vision. Other tenants, who are gifted in the art of cooking, contribute tasty delights to potlucks. Another tenant serves as Treasurer on the Tenant Council. And so on. The painting has since been framed and hung in the activity room as a reminder of community at Charles Village.



## Solar Panels Mean A Brighter Future For Eby Village

Much like your home, our House requires a fair bit of upkeep too. Property maintenance is an ongoing commitment, particularly at Residential programs that are home to more than 100 people. Eby Village, an apartment building that provides affordable supportive housing for single adults, will need a new roof in the foreseeable future. The Property Services Committee has taken this opportunity to go green, improving both the efficiency and sustainability of the building and its operations.

Thanks to funding provided by the Region of Waterloo, House of Friendship (HOF) will be installing a 10 Kilo Watt PV (photovoltaic—the process of converting solar energy to electricity) solar array on the roof of Eby Village this summer. HOF has also been awarded a MicroFit contract through the Ontario Power authority, through which we will be reimbursed for the clean power the solar panels produce. This revenue will be used to pay for the roof replacement we are about to undertake, and should also provide almost enough revenue to pay for the next roof 25 years down the road!



### For Current Events & News

[www.houseoffriendship.org](http://www.houseoffriendship.org)

## In This Issue

Getting By With Help.....	2
Kingsdale Update.....	2
New Wheels For EFHP.....	2
February Potato Blitz.....	3
Trek 4 Kids.....	3
How You Can Help.....	4

## Take A Look...

At Poverty Free Waterloo Region's (PFWR) petition, "We believe in a poverty-free Waterloo Region". House of Friendship's newly created Spiritual Resources Committee passed a motion recommending House of Friendship endorse the petition. The motion was reviewed and passed by the Board of Directors.

You can check out PFWR's blog at: <http://povertyfreewaterlooregion.wordpress.com/>

## Electri-Tech Goes The Extra Mile

Eric Karn, President of local business, Electri-Tech visited House of Friendship (HOF) recently. He brought a van (below, right) and left with only the license plates (pictured right).

Actually, Electri-Tech has donated the van, which will be used at HOF's Emergency Food Hamper program to pick up and transport donated food. We desperately needed a van to support this program and are very grateful to Electri-Tech for meeting this need with their generous support.



## Kingsdale On Track For Spring Opening

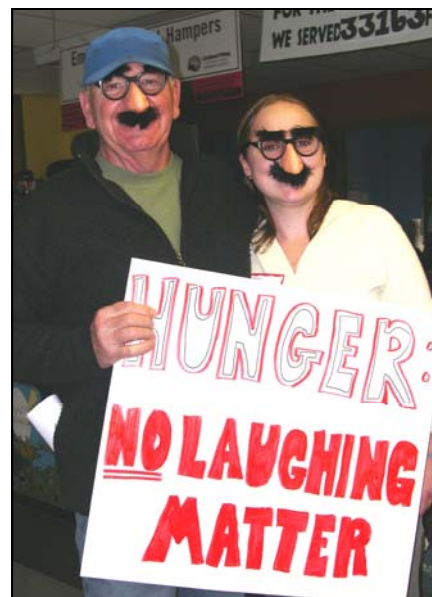


Renovation of the Patrick J. Doherty Arena in Wilson Park is nearing completion. We look forward to moving in sometime in April when it becomes the new permanent home for the Kingsdale Community Centre. In the interim, most programs will stop after March Break and resume in May. A grand opening celebration will take place later this year – stayed tuned to [www.houseoffriendship.org](http://www.houseoffriendship.org) for further updates. Be sure to drop by the new centre in May!

## Getting By With A Little Help From The Emergency Food Hamper Program

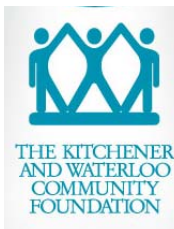
Read House of Friendship's emergency food assistance blog ([hofemergencyfoodassistance.wordpress.com](http://hofemergencyfoodassistance.wordpress.com)) and you'll know that the staff and volunteers at the Emergency Food Hamper program are pretty passionate about food (in)security and related poverty issues. What motivates them? The families that they have the privilege of serving, families just like yours and ours, who because of a job loss, layoff, health issue or disability, or a basic lack of means due to under-employment or insufficient wages, simply don't have enough to make ends meet. In need, they turn to the Emergency Food Hamper program.

Last year, over 9,500 local households, or approximately 21,275 people, turned to the Emergency Food Hamper program three times, on average. That's over 32,000 food hampers, put together with the help of 12,500 volunteer hours. Over a third of the recipients were children (under 18). Which all goes to show, Hunger is No Laughing Matter.



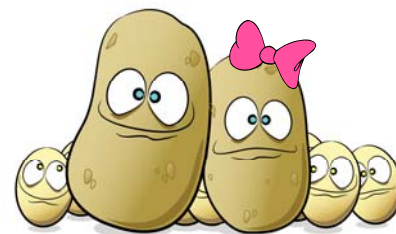
## Granting Hope In Neighbourhoods

You may not know that a lot of the programs offered through House of Friendship's four Community Centre programs in the neighbourhoods of Chandler Mowat, Courtland Shelley, Kingsdale, and Waterloo depend on community support. For example, the Courtland Shelley After-School Program received support from **The Kitchener And Waterloo Community Foundation—Lonsdale and Roberta Schofield Fund**, and the Chandler Mowat and Sunnydale After-School Programs received support from **The Kitchener And Waterloo Community Foundation—Ontario Endowment for Children and Youth in Recreation Fund**. These grants bring vital programs and opportunities to children living in low-income households.



2011 february

## POTATO BLITZ



Spuddy and Sweet Potato, led by Glenn Stewart and John Lambert, a.k.a. King Spud (below), were back with volunteers rounding up potatoes and donations throughout February to help feed those in need. Highlights included:

- \*Don Cameron Potato Night
- \*Supermarket Blitz
- \*Community Potato Lunch



Thanks to more partners, more volunteers, and more stores, House of Friendship will have enough potatoes for food assistance needs throughout its eighteen programs for the entire year!



## Save The Date!

**Chandler Mowat Community Centre Program  
25th Anniversary Celebration— Monday June 6, 2011**

## You Can Send Kids To Camp

**TREK 4 KIDS** hike & bike  
**Sunday May 15, 2011**

**2:30 p.m.**

Registration and bicycle tune-ups  
open - 12:30 p.m.

### Iron Horse Trail

starting at Mennonite Central  
Committee Ontario Parking Lot,  
50 Kent Ave., Kitchener

**All Welcome!**

Each year, we aim to send over 100 children from less fortunate families to summer camp, where they can make friends, learn new skills and gain self-confidence.

You can help give a child this gift of a lifetime — walk, run or bike with us on the historic Iron Horse Trail on Sunday May 15, 2011, 2:30 p.m. to raise funds to help send children to summer camp.

To register, email [fundraising@houseoffriendship.org](mailto:fundraising@houseoffriendship.org) or visit [www.houseoffriendship.org](http://www.houseoffriendship.org).

There, you'll find the Trek Blog (*just click on the TREK page*), on which you can share your reasons for Trekking and your summer camp stories. You'll also meet our PharmaFriends from the School of Pharmacy, University of Waterloo. *See you on the trails!*



## Volunteers Needed

### Child Care At Sunnydale

Volunteers needed to care for infants, toddlers and pre-schoolers on Tues. and Thurs, 1-3 p.m. Please call Linda, 519-883-0410

### Live & Learn Drivers

Volunteer drivers are needed Tues., Wed., or Thurs. afternoons. Please call Michele, 519-570-0954

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## Staying In Touch

If you receive a copy of *Friendship News* through your church and do not wish to receive a copy through the mail; if your name or address need updating; or, if you donate more than once-a-year, but prefer only one receipt at the end of the year, please let us know at: 519-742-8327. You can also contact us should you wish to change how we communicate with you.

## You Can Help

- \* *Charles Street Men's Hostel* needs razors, t-shirts, socks and men's individual hygiene products. Please call Shannon, 519-742-8327
- \* *Kingsdale Community Centre* is in need of a keyboard with a full 88 keys, a music sheet stand, and fridge and freezer that are energy efficient. Please call Alissa, 519-748-6463
- \* *Courtland Shelley Community Centre* would appreciate sewing/knitting and craft supplies, yarn, fabric, needles & thread, garden tools, seeds, vegetable plants, mulch, soil, markers, pencils, construction paper, and printing paper. Please call Doreen, 519-571-7953
- \* *Sunnydale Community Centre* would like a heavy duty stainless steel stock pot, 10-15 litre size, garlic press, Uno game, DVDs of recent children's movies, CDs of music for Grades K-6, and Karaoke DVDs and CDs. Please call Linda, 519-883-0410
- \* *Live & Learn* requires two plastic wash basins, quilt/pillow stuffing, as well as any strollers or other gently used items for children ages 0-6.  
*Note: Please make arrangements to donate used car seats directly as we can not accept them from any unknown sources.* Please call Michele, 519-570-0954
- \* *Charles Village* is looking for a newer digital camera. Please call Taylor, 519-742-8327

Zehrs tapes (no other tapes please) and other donated items may be dropped off anytime at the back door of the Charles Street Men's Hostel, 63 Charles Street East, Kitchener. Monetary donations can be mailed or made on-line at [www.houseoffriendship.org](http://www.houseoffriendship.org). Thank you!



<http://hofemergencyfoodassistance.wordpress.com>

<http://houseoffriendship.wordpress.com>

[www.houseoffriendship.org](http://www.houseoffriendship.org)

PO Box 1837, Stn C,  
Kitchener, ON N2G 4R3

t: 519-742-8327

John Neufeld, Executive Director

Charitable Number: 10749 3892 RR0001

