



Coming Events



Annual Friendship Fundraising Dinner

Friday October 29, 2010
St. Louis Catholic Church
Waterloo (see p. 3)



Christmas Hampers & Turkey Drive
Dec. 2010

February Potato Blitz
Feb. 2011



For Current News & Events

www.houseoffriendship.org

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“Living Life The Way It’s Meant To Be”

This quote appears in House of Friendship’s 2009-2010 Annual Report, which is also available at www.houseoffriendship.org. These are the words of Linda, who thanks to her time at Alcontrol (House of Friendship’s residential addiction treatment program for women), is now able to fully enjoy her life, particularly being a grandmother. Linda “wanted to shout from the roof tops” about her recovery.

Addiction is a treatable health issue. This message often gets lost in the stereotypes and stigma associated with addiction; stereotypes and stigma that can make addiction a very isolating health problem. Historically, this isolation has been heightened by treatment models that focused almost exclusively on people suffering from severe addiction.

More recent treatment models, such as the one used by House of Friendship’s *Bridges to Health* day-treatment program, recognize the need for, and benefits of, earlier and holistic responses to those concerned about their substance use.

To give back and help others in similar situations, four women of different ages and backgrounds are contributing to a digital story-telling project that is generously being coordinated by Dwight Storrington. The women are focusing on two questions: When did you realize you had a concern about your substance use? What led you to seek help? Their answers and stories will be compiled on a DVD along with music and visuals, set for release later this fall.

Much like the stories shared at the recent annual *Addiction Recovery Celebration Breakfast*, they reveal the complexity of addiction and how it connects with other aspects of our lives, particularly with coping. (cont’d page 3)

Pulling Together for United Way, for Community

The staff and residents of House of Friendship’s Charles Street Men’s Hostel and Charles Village programs took top honours at the recent *Neighbours Pulling Together* event, where they had the fastest time (with a little help from our Home Depot friends) in the fire truck pull. The event coincided with United Way’s *Day of Caring* (www.unitedway-kw.org) that saw local volunteers helping out at agencies throughout Kitchener Waterloo to kick off this year’s fall United Way fundraising efforts. Volunteers from KPMG and Home Depot were busy at the Hostel, Kiwanis House and Courtland Shelley Community Centre.



I want to see a mighty flood of justice, a torrent of doing good. Amos 5:24

**Fall Food Drive
Underway**

Goal: 375,000 pounds

Nourish Hope

The Food Bank of Waterloo Region
www.thefoodbank.ca

Sharing with my community every day

Honouring Those Who Share The Gift of Food

Ever wonder how House of Friendship's Emergency Food Hamper program sorts, packs and distributes over 33,000 emergency food hampers each year, serving over 22,000 people in 9,959 households? With a lot of help, that's how. Over 200 volunteers regularly help out at the Emergency Food Hamper program, sharing the gift of food with their neighbours in need.

Once-a-year, we like to return the favour, and give these wonderful volunteers a special gift of food for all they do. The staff at the Emergency Food Hamper program organize a BBQ.



To volunteer with the Emergency Food Hamper program, please call Matt G. at 519-742-0662.



Mark Your Calendars!



**2011 Charity
Wreath
Silent Auction**

Thursday November 18—
Saturday November 27, 2011



Email: info@colourparadise.com

Thanks For Teeing Up To Serve Our Neighbours In Need

149 golfers came out for the special 15th Annual Friendship Golf Tournament at the Grand Valley Golf & Country Club on July 14, raising net proceeds of \$25,000 for daily services for our neighbours in need. Thanks to golfers, corporate sponsors, prize donors and volunteers who make this tournament such a success. Special thanks to the sponsors below, and to Silver and Bronze Sponsors: Expressway Ford Sales, Gascho Automotive Ltd., Mennonite Savings & Credit Union, Menno S. Martin Contractor Ltd., Dueck Sauer Jutzi & Noll, Erb Transport Ltd., Toyota and WAY-MAR Inc.

PLATINUM SPONSORS



GOLD SPONSORS



- SENIORS HEALTH CARE
- URBAN DEVELOPMENT
- AGRICULTURE



Are You Connected?

HOF on YouTube: www.youtube.com/hofnow

Emergency Food Assistance Blog: <http://hofemergencyfoodassistance.wordpress.com/>

Trek 4 Kids and Summer Camp Blog: <http://houseoffriendship.wordpress.com/>




15th Annual

Friendship

Fundraising Dinner

Buy Your Tickets! Friday, October 29, 2010




Guest Speaker
Dr. David Pfrimmer
 Principal Dean of the Waterloo Seminary
 Past Director of the Lutheran Office for Public Policy
"Faith in Advocacy"

An Evening of Fellowship and Inspiration

St. Louis Catholic Church NEW Location **Tickets \$50 per person**
 53 Allen Street East, Waterloo, Ontario (with maximum allowable charitable receipt)

Punch Reception at 6:00 pm
 Dinner at 6:30 pm, Guest Speaker to follow

Proceeds to benefit House of Friendship's service to those in need



tel: 519-742-8327
 email: admin@houseoffriendship.org
www.houseoffriendship.org
 Charitable # 10749 3892 8R0001

Living Life The Way It's Meant To Be (cont'd)

According to House of Friendship's Director of Addiction Services, a quarter of Ontarians are struggling with drug dependence or know someone close who is. And waiting lists for treatment are currently three months long in this part of the province. We hope people concerned about their substance use will relate to the storytellers and their stories, and be inspired to feel more hopeful about their own situations. Certainly, guests at the breakfast, including program participants from 174 King Street North, appreciated hearing recovery stories. The message was clear: people can go on to lead happy, healthy, productive lives. Linda would agree. they can live life the way it's meant to be.

Did You Know?

House of Friendship's Appliance Repair program is celebrating 30 years of service, annually performing as many as 750 service calls to local low-income homes in Waterloo Region to assist with repairs to major appliances.



Want To Know More?

If you haven't been reading House of Friendship's Emergency Food Assistance Blog available at www.houseoffriendship.org, you missed posts on:

- * Daily happenings at the Emergency Food Hamper program
- * Hunger Count 2010
- * Volunteer profiles
- * And lots of topical articles on food (in)security in Waterloo Region
- * KW Food Budget Challenge

Sign up today and stay informed!



Thanks!

The Kitchener and Waterloo Community Foundation (www.kwcf.ca) - The Waterloo Region Record - Lyle S. Hallman Foundation Kids to Camp Fund generously sponsored 60 children and youth to play, learn and share at House of Friendship's Courtland Shelley Community Centre Summer Playground, and another 60 children to attend the Sunnydale Community Centre Summer Playground.

Meanwhile, **The Kitchener and Waterloo Community Foundation - Emmerton Fund House of Friendship Fund** provided support for House of Friendship's general purposes. Together, these funds made life a little bit more enjoyable for a lot of children and families this summer.

Volunteer Drivers

Sunnydale Community Centre is looking for occasional volunteer drivers to provide transportation for residents to medical appointments in and out of town. Mileage may be available. Please call Linda, 519-883-0410.

Live & Learn also requires volunteer drivers to assist with its children's program. Please call Michele, 519-570-0954.

Staying In Touch

If you receive a copy of *Friendship News* through your church and do not wish to receive a copy through the mail; if your name or address need updating; or, if you donate more than once-a-year, but prefer only one receipt at the end of the year, please let us know at: 519-742-8327. You can also contact us at any time should you wish to change how we communicate with you.

Friendship News is published quarterly by House of Friendship. It is edited by Christine Rier, printed by **Arkay Design & Print**, and generously delivered to local churches by **Waterloo Nissan**.

You Can Help

- * Men staying at the *Charles Street Men's Hostel* could use sweaters, socks, gloves, and hats for the coming cold weather. And personal hygiene items are always needed: toothbrushes, toothpaste, and soap. Please call Shannon, 519-742-8327
- * *Kiwanis House* needs fitted sheets (twin size) and a VCR. They are also beginning to think Christmas; helpful items include slippers size 9-12, cologne and gloves. Please keep in mind 6 young men live at Kiwanis House so groups of six items are much appreciated. Please call Program Supervisor, 519-578-0171
- * *Live & Learn* requests muffin tins, embroidery thread, new scarf & mitten sets for women; pint- and quart-size glass Mason jars, metal-top rubber seals and rings; used or new: baby-wearing slings; small give-away items to be used as prizes. Please call Michele, 519-570-0954
- * *Sunnydale Community Centre's* child care room needs a solid, light-weight wooden rocking chair. And the sewing class need a light-weight ironing board and iron. Please call Linda, 519-883-0410
- * Children and adults at *Courtland Shelley Community Centre* need slippers, hats and mittens. Please call Doreen, 519-571-7953

Zehrs tapes (no other tapes please) and other donated items may be dropped off anytime at the back door of the Charles Street Men's Hostel, 63 Charles Street East, Kitchener. Monetary donations can be mailed or made on-line at www.houseoffriendship.org. Thank you!



www.houseoffriendship.org

PO Box 1837, Stn C t:519-742-8327
Kitchener, ON N2G 4R3 f:519-742-8868

John Neufeld, Executive Director
Charitable Number: 10749 3892 RR0001





Highlights from the 2009-2010 Fiscal Year

Board of Directors 2009-2010

Elizabeth McNair, President

Trent Bauman, Vice-President & Property Committee Chair

Keith Cressman, Treasurer & Finance Committee Chair

Mary Friesen, Addiction Services Committee Chair

Lester Kehl, Personnel Committee Chair

Richard Dyck, Public Relations Committee Chair

Dennis Martin, Community Services Committee Chair

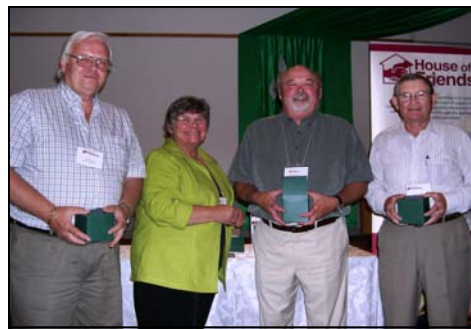
Elna Robertson, Family Services Committee Chair

Brian Knight, Residential Services Committee Chair

Celebrating Community With You

In the wake of the recent economic downturn, House of Friendship's Annual Meeting celebrated the resiliency, vibrancy and diversity of our community, and the role of House of Friendship's mission in this community.

During House of Friendship's 70th anniversary year, together, we managed to serve over 42,000 people, and produced a small surplus of \$36,701. The continued fulfillment of service to those in need seemed a fitting tribute to the legacy of all who have walked with us in



our shared mission since 1939. Due to the slow and precarious nature of the economic recovery, and associated levels of need in our programs, we anticipate a deficit of \$160,000 for the 2010-2011 fiscal year, but will be working to reduce this. Having reviewed the Annual Report and Audited Financial Statements, several Board Members were recognized for their contributions and years of service (some of whom are pictured here).

Similarly, we were pleased to welcome some new Board Members from local churches (seen right), and to elect the **Board of Directors for 2010-2011:**

Elizabeth McNair, President
 Trent Bauman, Vice-President & Property Chair
 Keith Cressman, Treasurer & Finance Chair
 Mary Friesen, Addiction Services Chair
 Gerry Horst, Public Relations Chair
 Lester Kehl, Spiritual Resources Chair
 Brian Knight, Residential Services Chair
 Dennis Martin, Community Services Chair
 Elna Robertson, Family Services Chair
 Grace Sudden, Personnel Chair



Leadership Team

John Neufeld
Executive Director

Tony Bender, Community Services Program Director

Kathryn Brubacher
Financial Director

Ron Flaming, Residential Services Program Director

Pam Gardiner, Addiction Services Program Director

Michael Hackbusch
Chaplaincy Director

Colin MacIntosh
Property Services Manager

Doris Martin, Family Services Program Director

Wendy Pratt
Human Resources Director

Christine Rier
Development Director

With business out of the way, guests enjoyed some delicious strawberries donated by Herrle's Country Farm Market. Special thanks to them and to our host, the Waterloo Christian Reformed Church. To conclude the evening, guests listened to remarks by our newest team member, John Neufeld, who succeeded Deb Schlichter as Executive Director in 2009.

John reported on his "Listening Tour," which he carried out the past year to connect with you, and with people throughout House of Friendship's 18 programs and the community. Drawing on this, he reflected on how, "we all sit at the same table, just sometimes in different chairs"; that House of Friendship provides charity by joining with you to share the gifts of the table with those in need; and, that we have a responsibility to ensure people have the opportunity to be seated and heard at the table.

It is with this in mind that we will be working in the coming year to consolidate women's addictions services under one roof. Please stay tuned for further updates.

Meanwhile, to review the full 2009-2010 annual report and statements, please visit www.houseoffriendship.org.

Your Gifts-in-kind Help Make Ends Meet

In addition to the sources of revenue noted here, we receive over 1,500 non-monetary or “in-kind” donations annually that do not appear on our financial statements. These include food, clothing, furniture and other household items. We also receive over 50,000 hours of volunteer labor. We estimate the value of such gifts to be approximately \$2.5 million annually. These donations help us to substantially reduce our annual operating expenses. Thanks to all of you who assist with your gifts-in-kind, volunteer time and cash donations.

Thanks!

Keeping Our Promise

Supporting Healthy Lives

—Addiction Services

- Alcontrol (women)
- 174 King Street North (men)
- Moving Forward (women)
- Bridges to Health (women)

Feeding & Assisting Those In Need

—Community Services

- Appliance Repair Program
- Christmas Hamper Program
- Emergency Food Hamper Program

Building Strong Families & Communities

—Family Services

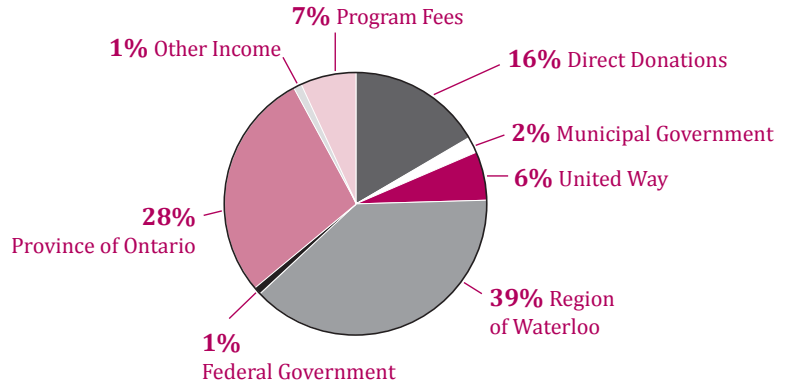
- Chandler Mowat Community Centre Program
- Courtland Shelley Community Centre Program
- Kingsdale Community Centre Program
- Sunnydale Community Centre Program
- Live & Learn Program (women & children)
- Camp Sponsorship Program

Providing Supportive Housing

—Residential Services

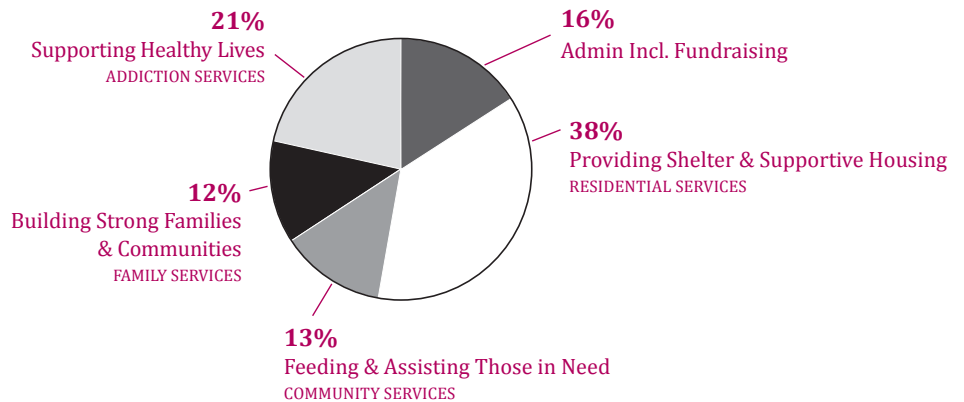
- Charles Street Men’s Hostel (adult men)
- Cramer House (adult men)
- Kiwanis House (young men)
- Eby Village (single women & men)
- Charles Village (single women & men)

Revenue from Operations Funding Sources



Direct Donations	16%	880,101
United Way	6%	319,912
Region of Waterloo	39%	2,177,758
Province of Ontario	28%	1,571,352
Federal Government	1%	45,753
Municipal Government	2%	114,101
Program Fees	7%	385,548
Other Income	1%	60,196
Total Revenue		5,554,721

Expenses By Service Area



Salaries & Benefits	73%	4,026,141
Program & Food	6%	320,880
Vehicle/Transportation	1%	71,662
Building & Occupancy	16%	859,536
Office & Other Incl. Fundraising	3%	193,063
Reserve Allocations	1%	46,739
Total Expenses		5,518,021
Surplus		36,701