

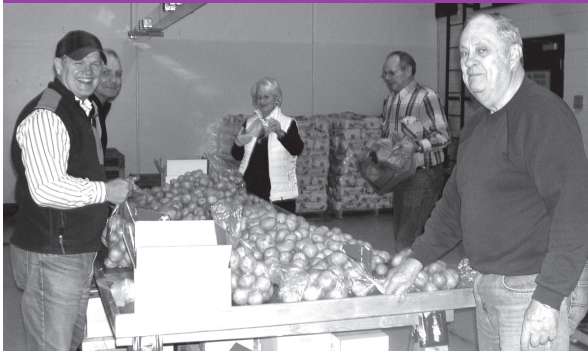
Why Some People Need Food Assistance

There are many reasons why some people in a prosperous community like ours need food assistance.

Some of these include:

- Unemployment or underemployment
- Inadequate incomes
- High costs of housing, education, and transportation
- Unexpected expenses, family emergencies and illness
- Being a new Canadian or new to Waterloo Region with limited financial resources
- Poor or abusive family relationships

You Can Help



- Cash donations are needed to sponsor hampers and to cover program costs
- Food donations help reduce the amount of food that needs to be purchased
- 550 volunteers are needed to pack and deliver thousands of hampers each December. **Please call Tony Bender at 519-742-8327 to get involved.**

"I want to see a mighty flood of justice, a torrent of doing good." Amos 5:24

House of Friendship Programs

Addiction Services	Community Services
Alcohol 174 King Street North Moving Forward Bridges to Health	Appliance Repairs Christmas Hampers Emergency Food Hampers
Family Services	Residential Services
Community Centres <ul style="list-style-type: none"> • Chandler Mowat • Courtland Shelley • Kingsdale • Sunnyside Live & Learn Camp Sponsorship	Charles St. Men's Hostel Kiwani House Cramer House Eby Village Charles Village

For further information please contact:

Christmas Hamper Program

c/o House of Friendship
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Kitchener, ON N2G 4R3

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House of Friendship website:

www.houseoffriendship.org

Charitable Number: 10749 3892 RR0001

Christmas Hamper Partners



01/09

Christmas Hamper Program



Extending the hand of friendship to our neighbours in need since 1939

The Christmas Hamper Program offers...

- A gift of food to families and individuals living on low income who need extra assistance at Christmas time
- An opportunity for churches, schools, service clubs, community groups, businesses and individuals to assist those in need in our community by volunteering time to pack and deliver hampers, donate money to sponsor hampers or donate food
- Coordination of Christmas giving through the **Christmas Bureau** to avoid duplication (see below). The Salvation Army provides toys for needy families.

"My wife and I are both disabled and it looked like a pretty bleak Christmas and New Year's until the House of Friendship and all those truly wonderful, warm-hearted and generous people showed they cared. The food hamper and the thoughts and wishes that went with it truly reflect the meaning of Christmas."

- Christmas Hamper recipients

Christmas Bureau

The Christmas Bureau is run jointly by **House of Friendship** and the **Salvation Army** each year to coordinate Christmas giving to less fortunate members of the Kitchener Waterloo community. In Cambridge, Elmira and New Hamburg local agencies provide Christmas assistance.

History and Funding

- The Christmas Hamper Program has been part of the work of House of Friendship since 1964. It is part of a community-wide effort to assist those in need at Christmas.
- The program is funded entirely through donations. It costs approximately \$200,000 to operate the program each year. This includes the purchase of food that is not obtained through donations (including turkeys and chickens), the purchase of food vouchers for the hampers and other related expenses.



- In 2008 the Kitchener Conestoga Rotary Club officially adopted the Christmas Hamper program, and runs an annual Turkey Drive in support of the program.

A Program of House of Friendship

- The Christmas Hamper Program is one of House of Friendship's Community Services.
- House of Friendship is a Christian, charitable human service agency founded in 1939. We provide Addiction, Community, Family and Residential Services (please see the back panel).
- House of Friendship's mission is to serve low-income people in need of support, and to promote opportunities for personal growth, wholesome relationships and community development through the application of holistic Christian principles.

Food Donations

Food for the Christmas Hamper Program is provided from the following sources:

- The **Food Bank of Waterloo Region** (FBWR) provides about one-third of the food distributed through this program. As a member agency, House of Friendship receives and distributes food collected by the Food Bank.
- The **Kitchener Conestoga Rotary Club** provides turkeys for families of three or more and chickens for families of one or two, and raises significant additional funds for the Program.
- Churches, schools, service clubs, businesses, community groups and individuals donate food. **Rockway Mennonite Collegiate** hosts an annual Christmas Food Drive.



Program Space Needs

Each year, House of Friendship looks for 10,000 square feet of warehouse space to house the program. The space must include:

- Access to a loading dock & washrooms
- Parking for volunteers

Tips about potential warehouse space are always appreciated. **Please call Tony Bender at 519-742-8327.**