

Why some people need assistance ...

There are many reasons why some people in an affluent community like ours need assistance. Some of these include:

- Unemployment or underemployment;
- Inadequate incomes;
- High costs of housing, education, and transportation;
- Unexpected expenses, family emergencies and illness;
- Being a new Canadian or new to Waterloo Region with limited financial resources;
- Poor or abusive family relationships;
- Poor physical and/or mental health.

Merry Christmas to you. Please accept our gratitude from the bottom of our hearts. Your service does not go unnoticed and is not forgotten. You have given us hope—the greatest gift of all. Thank you.

-Christmas Hamper recipients

You can help ...

- Cash donations are needed to cover the costs of program;
- Food donations help reduce the amount of food that needs to be purchased (about 45 percent of the total);
- Hundreds of volunteers are needed to pack and deliver the hampers each December. Call 742-8327 to volunteer.

House of Friendship Programs

Addiction Services	Community Services
Alcontrol (women) 174 King Street N. (men)	Appliance Repairs Christmas Hampers Emergency Food Hampers
Family Services	Residential Services
Community Centres •Chandler-Mowat •Courtland-Shelley •Kingsdale •Sunnydale Live and Learn Camp Sponsorship	Cramer House Eby Village Kiwanis House Charles St. Men's Hostel Charles Village

For further information contact:

Christmas Hamper Program
c/o House of Friendship
 PO Box 1837, Station C
 Kitchener, Ont. N2G 4R3

Phone: (519) 742-8327

Fax: (519) 742-8868

E-mail: tonyb@houseoffriendship.org
H of F website: www.houseoffriendship.org



*Extending the hand of friendship
to our neighbours in need since 1939*

Christmas Hamper Program



A Program of



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The Christmas Hamper Program offers ...

- A gift of food to low-income families and individuals who need extra assistance at Christmas time.
- An opportunity for churches, schools, community groups, businesses and individuals to become involved in supporting those in need in our community by volunteering time to pack and deliver the hampers, donate money to sponsor hampers and donate food to be used in the hampers.
- Coordination of Christmas giving through the Christmas Bureau to avoid duplication (see next panel). Salvation Army provides toys for needy families.



Students from Woodland Christian High School package cookies to be included in the hampers. They are among about 600 people who volunteer with the Christmas Hamper Program each December

Christmas Bureau ...

The Christmas Bureau is run jointly by House of Friendship and Salvation Army each year to coordinate Christmas giving to less fortunate members of the Kitchener-Waterloo community. In Cambridge, Elmira and New Hamburg local agencies provide Christmas assistance.

Space Needs ...

Each December House of Friendship needs 10,000 square feet of warehouse space to house the program. The space must include:

- Access to a loading dock;
- Parking for volunteers;
- Access to washrooms.

Tips about potential warehouse space are always welcome. Call 742-8327.

Food donations ...

Food for the Christmas Hamper Program is provided from the following sources:

- The Food Bank of Waterloo Region (FBWR) provides about 35 percent of the food distributed through this program. House of Friendship is a member agency of FBWR. FBWR collects food and distributes it through member agencies like House of Friendship.
- Churches, schools, service clubs, businesses, community groups and individuals donate about 20 percent of the food directly to House of Friendship. Rockway Mennonite Collegiate collects the equivalent of 30,000 food items annually through their Christmas Food Drive.

History and Funding ...

- The Christmas Hamper Program has been part of the work of House of Friendship since 1964. It is part of a community-wide effort to assist those in need at Christmas.
- The program is funded entirely through donations. It costs approximately \$150,000 to operate the program each year. This includes the purchase of food that is not obtained through donations, the purchase of food vouchers for the hampers and other related expenses.

A Program of House of Friendship ...

- The Christmas Hamper Program is one of House of Friendship's Community Services.
- House of Friendship is a Christian, non-profit human service agency founded in 1939. It operates programs in the areas of Addiction Services, Community Services, Family Services and Residential Services (see back panel).
- House of Friendship's mission is to serve low-income people in need of support and to promote opportunities for personal growth, wholesome relationships and community development through the application of holistic Christian principles.

"I want to see a mighty flood of justice, a torrent of doing good." -Amos 5:24